

# MEDICAL EMERGENCY ACTION PLAN

FOR RIVERSIDE SPORTS COMPLEX, Trent Side, Nottingham, NG7 2SA



## FIRST AID FACILITIES:-

DEFIBRILLATOR	Located in the First Aid Room of Pavilion 2 with a landline telephone
FIRST AID ROOM	Located on the right hand side of Pavilion 2 (first door) <b>IN THE EVENT OF AN INJURY PLEASE COMPLETE THE ACCIDENT BOOK</b>
STRETCHER	N/A

## ACCESS ROUTES:-

FOR AMBULANCE	There is good access, however someone should be designated to stand at the entrance of the facilities to direct the ambulance as it is a large area
PITCHES TO AMBULANCE	Following the gravel track on the left hand side
FIRST AID ROOM TO AMBULANCE	Following the gravel track on the left past the pitches to Pavilion 2

## OTHER INFORMATION:-

Nearest Hospital with A& E Department	Queens Medical Centre, Derby Road, Nottingham, NG7 2UH
Telephone number	(0115) 924 9924
Directions to the Hospital	Upon emerging from the Riverside Complex turn right to stay on Lenton Lane . At the roundabout take the first exit signposted A60/ A6005/Derby/Mansfield/Beeston. Merge onto A52 Clifton Boulevard. Take the sliproad left (North Road) signpost QMC. Follow hospital signs for parking and A&E department
Journey time:	Approximately 5-8 minutes
Nearest Walk in Centre (WIC) address	NHS Walk-in Centre, London Road, Nottingham, NG2 4LA
Telephone number:	(0115) 883 8500
Journey time:	Approximately 11-14 minutes
Directions to the Walk in Centre:	Lenton Ln, Nottingham NG7 2SA, UK Head south-east on Lenton Lane. Turn right to stay on Lenton Lane. At the roundabout, take the 2nd exit onto Queens Dr/A453. Stay on Queens Dr/A453 then continue straight onto Wilford Rd. Turn right onto Castle Blvd City Centre. Castle Blvd turns slightly left and becomes Greyfriar Gate/A6008. Turn right onto Collin St/A6008 Continue to follow A6008(A60) Turn left onto Canal St/A6008 (A60) Continue straight to stay on Canal St/ A6008. At the roundabout, take the 3rd exit onto London Rd/A60 Loughboro'A60 Grantham(A52) Melton(A606). Turn left onto City Link Partial restricted-usage road. Destination will be on the right.